

MCC + MELBOURNE CENTRAL CATHOLIC

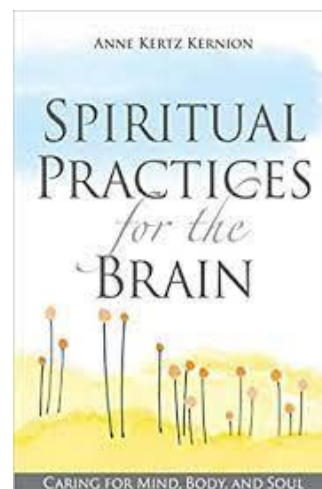
Summer Reading 2021

As you read Spiritual Practices for the Brain; Caring for the Mind, Body, and Soul, you will find over 50 practice ideas throughout the book. (Highlighted in grey boxes.) Pick six practices of your choice, put them into action and journal about the practices you have chosen. In your journal reflect on these questions:

Why did I choose the practice?

How did the experience enrich and improve my life?

These ideas, plans, and practices will be discussed when we return in August as we continue to build on our culture and community at MCC.



<https://www.amazon.com/Spiritual-Practices-Brain-Caring-Mind/dp/0829450432>

Summer Math 2021

Click on the Math course link for your summer work.

[Algebra 1](#)

[Algebra 2](#)

[Geometry](#)

[AP Calc AB](#)

[Honors Algebra 1](#)

[Honors Algebra 2](#)

[Honors Geometry](#)

[AP Calc BC](#)

[Advanced Math
Topics](#)

[Mathematics for
College Statistics](#)

[Honors
Precalculus](#)

